

# June 2024 Lindmoor Woods Swim Team Calendar (Version Date 5/5/2024 )

*You must practice with your age group!*

## Morning Practice Schedule (May 23 – June 24)

6&U 7:30am – 8:00am  
 7-8 8:00am – 8:30am  
 9-10 8:30am – 9:15am  
 11-12 9:15am – 10:00am  
 13+ 10:00am – 10:45am

## Afternoon Practice (May 29 – June 20): Select Mondays, Wednesdays, Thursdays

6&U and 7-8 5:45pm – 6:15pm  
 9-10 and 11-12 6:15pm – 7:00pm  
 13+ 7:00pm – 7:45pm

*Afternoon practice is for those with scheduling conflicts like camps. Morning practice is encouraged as only two lanes are available in the afternoon, and you can't attend both morning and afternoon sessions.*

\*\*\*\*\*Afternoon Practice Sign-up Form Coming Soon\*\*\*\*\*

## Donut Wednesdays for All Groups & Ages (May 29 – June 25. There will be one

“Tuesday” Donut/Awards on June 25)  
 10:00am – 10:30am Awards, Ribbons & Donuts  
 10:30am – 11:15am Clinics\* or Play

*\*You may participate in a Coach DJ Swim Clinic in the competition pool area or you can play in the diving board area with Assistant Coaches monitoring.*

**Donut Wednesday during Afternoon Practice (May 29-June 19) will include practice, ribbons, and popsicles.**

## Parent Yoga (May 28 – June 20)

**Tuesdays & Thursdays**  
 7:30am – 8:00am  
 8:00am – 8:30am  
 8:30am – 9:30am

## Junior Sharks (May 28 – June 21):

**Mondays, Tuesdays, Thursdays, Fridays**  
 11:00am – 11:30am  
 Junior Shark Swim Meet, June 21 at 11:00am

**Private Lessons with Coach DJ:** For more information and to schedule a lesson, email Coach DJ

## ASA Championships Date June 27

**ASA Practice Times June 25**  
 6&U, 7-8, 9-10: 8am – 9am  
 11-12, 13-14, 15+: 9am – 10am  
**ASA Practice Times June 26**  
 6&U, 7-8, 9-10: 9am – 10am  
 11-12, 13-14, 15+: 10am – 11am

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Morning Practice Junior Sharks Afternoon Practice <b>Home Swim Meet Prep</b>	4 Morning Practice Parent Yoga Junior Sharks <b>Home Swim Meet &amp; Picture Day</b>	5 <b>Donut Wednesday</b> Afternoon Practice & Donut Wednesday	6 <b>Entry &amp; Job Deadline</b> Morning Practice Parent Yoga Junior Sharks Afternoon Practice	7 Morning Practice Junior Sharks	8 <b>Make-up Swim Meet</b> Date if needed 9:00am
9	10 Morning Practice Junior Sharks Afternoon Practice <b>Away Swim Meet Prep</b>	11 Morning Practice Parent Yoga Junior Sharks <b>Away Swim Meet</b>	12 <b>Donut Wednesday</b> Afternoon Practice & Donut Wednesday	13 <b>Entry &amp; Job Deadline</b> Morning Practice Parent Yoga Junior Sharks Afternoon Practice	14 Morning Practice Junior Sharks	15 <b>Make-up Swim Meet</b> Date if needed 9:00am
16	17 Morning Practice Junior Sharks Afternoon Practice <b>Away Swim Meet Prep</b>	18 Morning Practice Parent Yoga Junior Sharks <b>Away Swim Meet</b>	19 <b>Donut Wednesday</b> Afternoon Practice & Donut Wednesday	20 <b>Entry &amp; Job Deadline</b> Morning Practice Last Parent Yoga Junior Sharks Last Afternoon Practice	21 Morning Practice <b>Junior Sharks Swim Meet</b> <b>Home Swim Meet &amp; Senior Day Prep</b>	22 <b>Make-up Swim Meet</b> Date if needed 9:00am
23	24 Last Morning Practice Lock-in Sign-up Deadline <b>Home Swim Meet &amp; Senior Day</b>	25 Morning Practice for ASA Champs Participants Only Donut Wednesday Awards on Tuesday (No swim, play, clinic) <b>Team Banquet 6:30pm</b>	26 Morning Practice for ASA Champs Participants Only	27 ASA Championships @GA Tech 9:30am <b>Team Lock-in Event 7pm+ (Ages 11+)</b>	28	29 <b>Make-up Swim Meet</b> Date if needed 9:00am